

Crusader



Spring / Summer 2018



World Healing Centre

Reg. Charity No: 1170377

476 Lytham Road
Blackpool
Lancashire FY4 1JF
England

Telephone: 01253 343701

Email: info@whc.uk.net

Opening Hours: 8.00am to 4.00pm Monday to Friday

**WRITE, EMAIL OR CALL US
FOR PRAYER HELP**

Website: www.whc.uk.net

DAILY PRAYER at 9.30am Monday to Friday

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SPIRITUAL TEACHING AND MEDITATION

Every Tuesday at 2.00pm

All Welcome

OUR GOAL IS PARADISE

Brother Mandus

To him that overcometh will I give to eat of the tree of life, which is in the midst of the paradise of God. Revelation 2:7

Paradise – Heaven – the abode of everlasting felicity! Surely this is the supreme destination of our earthly pilgrimage. It is our appointed abiding place, from whence we came and whither we all – sooner or later – long instinctively to return.

It has been recorded in poetry, which is the mystic language of the spirit, that

Our birth is but a sleep and a forgetting;
The soul that rises with us, our life's star,
Hath had elsewhere its setting,
and cometh from Afar;

Not in entire forgetfulness,
And not in utter nakedness,
but trailing clouds of glory do we come
From God, Who is our home.

We are exiles from Eternity, and we begin to retrace our steps just as soon as the realisation dawns upon us that “here we have no continuing city”. We think of the many mansions God has prepared for our souls, in His kingdom, with a yearning hunger that naught mortal can satisfy, with a wistful thirst that no mortal draught can slake. Truly it may be said of us, as the scales fall from our blinded eyes, and we see ahead the minarets and palaces of our erstwhile Eden soaring into the heights of infinity:

“By the rivers of Babylon, there we sat down, yea, we wept,
when we remembered Zion. We hanged our harps upon the
willows in the midst thereof... How shall we sing the Lord's
song in a strange land?”

Yet we thank Thee, Father, that Paradise is not some well-nigh unattainable, inaccessible realm, ever receding beyond our reach into the dim and distant Hereafter.

Paradise is the Holy of Holies centred in the heart of every aspiring soul. It is the highest state of consciousness whereunto we can attain. It is the fusion of that which is mortal with that which is Divine and, consequently, immortal. To dwell in Paradise is to bask for ever in the joy and ecstasy of God's perpetual Presence. Quite simply, Paradise is – GOD WITH US. It is the be-all and end-all of our wayfaring, and the breath-taking thought is that it is only a whispered prayer away.

I suppose almost everyone has some special place where the soul finds peace. Very often in the very simple things we come face to face with the Father and find a revelation. Or it may be in a tree-shaded meadow which is nestling a curving river in its green arms. You may find God in the flowers of a window-box high above the roar of the traffic, right in the centre of a city. Or you may have climbed a mountain and looked down into the valleys and beheld the world at your feet. You may remember a moment of moonlight on a still lake or sea. It may have been a rainstorm on the moors. Or a flower-filled garden through the back door. Everyone has some special revelation, and often some special place where we can find the Father.

We know such a place – we call it Paradise. It is a tangled forest of nut trees and grassy glades. Wonderful trees that are clinging to craggy escarpments of limestone. And in the midst of the limestone there are deep scars caused by ancient Ice Age waters. There are rock plants, and wonderful flowers; squirrels and ants, velvet grass and prickly roses. And in the distance the lakeland hills, and all around a jungle of green gloom in the undergrowth. Forests of six-foot-tall bracken. And – THE TREE! In the heart of these woods there is a queen tree. She is like a mother with a great family of children. Her ancient limbs are strong with a vigorous love as she proudly shows the sun and the moon and the stars a queenly green gown of hundred feet wide. She is so stately and tall, with eight mighty arms reaching up to the sky, seemingly in prayer. Reaching up to the sky from the shoulders of a deep-rooted trunk.

We feel a great love there. Resting enthralled in this peace we seem to come into communion with God and find wisdom and sanctity and love. We feel that she is specially created for us as we nestle peacefully beneath her boughs, and we are very glad to share her glory with God.

You know, it is impossible to doubt God's presence in this Paradise. He fills it. He speaks in it. He reveals His own spirit in it. And we know, in moments like these, that He is perfect all-forgiving, all-understanding love.

In the midst of this beauty and peace, I had a mystical experience for I truly came to know a rose for the first time in my life. I was looking into the creamy miracle of a half-open rosebud. Suddenly, my startled spiritual perception embraced the rose and it vibrated with life... with love. Instinctively I responded and caressed it between my lips. As I tasted the cool, smooth centre, suddenly I was suffused with a spiritual ecstasy beyond words to describe. For a second, it seemed that I became one with the rose, and was filled with its fragrance. I had kissed a rose... But God kissed me. Experiences like that leave an imprint upon the mind which nothing else can reveal.

There is no God of wrath and eternal hell fires, ready to strike us down with dreadful disease to punish us for our sins. God is love, that perfect love which never stoops to anger or judgment, but is ever gentle, understanding, compassionate and kind. He has already given us the paradise of His Spirit, and lovingly waits for us to accept it. We punish ourselves with our lack of love, with our lack of faith, and through our fears and sins. But we can step out of the desert into His kingdom whenever we care to come to Him; there to find Him waiting to welcome us home.

I know the truth that makes all men free. I kissed a rose in Paradise, and God kissed me. And Thank You, Father, that it truly is so.

Yet such a Paradise as the one I have here described is only a faint foreshadowing of the haven our soul still recollects in illumined moments. It is to that haven we would fain return.

Beloved ones, we are sons and daughters of the Divine, and to make our home with God is our heritage and birthright.



“Compassion is language the deaf can hear and the blind can see.”
Mark Twain



“In the middle of every difficulty lies opportunity.”
Albert Einstein

How to comfort those who Mourn

Conrad



COMPENSATE your grief for those whom I call to Me, with the knowledge of their continued life in Mine. It really is as great a joy to leave the world as it is to be born into it.

Do believe in Me, and disperse all grief. I will give you compassionate understanding into the hearts of others who grieve, so that we may give them a lasting comfort. Greet them, listen to them, see their point of view: love them in ways they understand and in tangible ways which they will recall time and time again.

When those who mourn really believe in Me and share their love and their needs with Me, I comfort them.

As always, the dark can be transformed into light. Even when the heart is stricken by the searing absence of a loved one, one of the greatest gifts of love can be fashioned in My Spirit for that loved one. This gift is freedom. If loved ones go abroad, but you cannot bear their absence and they are aware of this, then their happiness is incomplete also.

Trust in My love for My children. I know your heart and that of everyone. What is the highest and best you can do with Me by the exercise of your wonderful faith?

Love Beyond Belief

Dr Timothy O'Higgins

God created us perfect. This perfection is immutable, indestructible, and unalterable. This is the Real Presence. From the Christ perspective everyone and everything is perfect. To re-enter this real presence, we must reflect on our belief system which filters our perceptual system. Do we believe that God is love? Do we believe those who abide in love, abide in God and God in them? Do we believe that God, as perfect love, can only create perfect love? Do we believe that our essence as created by this perfect love, is therefore perfect love? Do we therefore believe that everyone is a manifestation of perfect love?

In Christ-consciousness all is perfect. This essential truth, always was and always will be. Through separating from this reality, each of us has gone on a journey of self-exploration and self-awareness. We have left our Father's house (Christ-consciousness) and gone on an existential journey, described symbolically in the parable of the Prodigal Son. On this self-conscious journey, we perceive separation from the Divine. Embarking on a search for meaning through exploring self-awareness, we have lost our awareness of our Divinity. Our life experience, detached from Christ-awareness, is ego-centric and fearful. Our lives become lonelier and more isolated the further we stray from the Divine reality. However this experience although very vivid and soul-rendering, is an illusion, a dream. Our true Self always resides in Our Father's house. We can never be separated from our divine origin. We awake from this "movie in our mind", this illusory nightmare, when we decide to re-orient ourselves and return to Love. Awakening from the dream of separation, it gradually dawns on us that we have never been, nor can we ever be separated from Divine Love.

The Adamic, egoic mind, is a manifestation of a consciousness dis-integrated from Christ-consciousness. Lacking an integrated perspective, everyone and everything, is perceived through a veil of fear and deprivation. From this egoic perspective, everything and everyone is imperfect. Through self-perception, we perceive a world divided, a world of right and wrong, good and bad, enmity and friendship. What we perceive we believe, and what we believe we experience. We can choose at any time, to cease reliance on the limited perspective of own understanding. We can decide to return to

Christ-consciousness – our Father’s house, where there’s joy, joy, joy. For all who are not enjoying their lives, this is highly recommended!

The ego denies its own responsibility for the life it has created. It submerges those parts of itself that it finds objectionable into an unconscious shadow. It projects outward, this unloved part on to its experiential world. We live in a reflective universe. Our outer world is a mirror of our inner world. Every person we meet, every challenge life presents to us mirror an inner aspect of our selves. Through forgiving the outer projection we are released from the inner prison of our consciousness. Through accepting the perfection of the moment, rather than cursing what life presents to us, resistance is dissolved, enmity is neutralised, and emotional turmoil is pacified.

What we resist, persists. Choosing unforgiveness or forgiveness towards others, enmity persists or reconciliation is nurtured. By choosing not to forgive our brother unconditionally (that is, until he meets conditions we impose on him) we are stiff-necked and hard-hearted. By freeing ourselves from our self-righteousness and forgiving ourselves for our withholding love from our brother, we find peace in our experience of our world. Choosing love we are released from our fears.

The ego believes it can choose to forgive or to with-hold forgiveness. Through its choice, it facilitates or inhibits its own reconciliation with Christ within. Through projecting its own immaturities and its own faults outside its self, the ego perpetuates its separation from its Christ identity. It projects its inner disharmony outwards. It is only through non-resistance and non-judgment that peace is found. Give thanks in the moment. Keep your eyes on the light. Then the darkness of your blindness falls away. Perceived through the eyes of self-consciousness, all enmity is justified. Thereby, all resentment is sustained, all hostility towards others is perpetuated and all aggression is excused. Whatever we do to another we do to ourselves. In alienating others from our love we ourselves are alienated from Love.

Is our love for our neighbour based on whether they share our value system or national identity? Do we love or hate people based on whether they adhere to the same political principles as we do or follow the same religion as us? Do we love or reject others based on similarity of their educational level or social background as we do? It is easy to love and accept those with whom we have an ego identity. Let us love those with whom we have a

Christ essence, a Christ inheritance, a Christ identity. All of us as human beings have the right to express our uniqueness through the individual expression of our treasured values.

In Adam all die. In Christ all live. Realising that Christ in you, is your true power, you regain your dignity and restore your soul. Let the egoic mind be embraced by your Christ consciousness. Let your shadow self be exposed to the healing light of divine love. Keep your perception on the Light of eternal Love so the darkness of misperception fades away.

Christ in you (your Higher Self) is your hope of glory, the pathway to the manifestation of your Divine essence. Awake to the realisation that you and your Father are one. You always were and always will be, a child of the Divine. We see the love beneath our brother's fear and our own judgment. As we accept that the outer world mirrors our inner world, we unbind the karmic knots, arise from the illusion of Maya and bring to an end a life of suffering. I and my Father are one to the degree that I and everyone are in union. Then we experience Love beyond belief.



*Divine Love, All in all, all through all, All as all, help me to awake.
Restore my soul to its divine inheritance.
Let my Shadow be unveiled by the power of the Holy Spirit.
Unbind me from my imprisoned understanding, that in knowing Your
truth I may be free.*

AUTHOR UNKNOWN

Youth is not a time of life. It's a state of mind. It's a test of the will, a quality of imagination, a vigour of emotions, a predominance of courage over timidity, of the appetite for adventure over love of ease.

Nobody grows old by merely living a number of years. People grow old only by deserting their ideals. Years wrinkle the skin, but to give up enthusiasm, wrinkles the soul. Worry, doubt, self-distrust, fear and despair, these are the quick equivalents of the long, long years that bow the head and turn the growing spirit back to dust. Whether 70 or 16, there is, in every being's heart, the love of wonder, the sweet amazement of the stars, and the star-like things and thoughts, the undaunted challenge of events, the unflinching childlike appetite for "What next?" You are as young as your faith, as old as your doubt, as young as your self-confidence, as old as your fear, as young as your hope, as old as your despair.

So long as your heart receives messages of beauty, cheer, courage, grandeur and power from the earth, from man and from the Infinite, so long are you young. When all the wires are down, and all the central places of your heart are covered with snows of pessimism and the ice of cynicism, then and only then, are you grown old indeed, and may God have mercy on your soul.

Will You Support Us Please?

This is a draft wording of a simple will:

"I GIVE AND BEQUEATH (state what.....) to the Trustees for the time being of the World Healing Centre (WHC) of 476 Lytham Road, Blackpool in the County of Lancashire, FY4 1JF, United Kingdom (being a Charity registered under the Charities Act No 1170377) to be applied for the general purposes of the WHC AND I DECLARE that the receipt of the Treasurer when this legacy is paid, or the then proper officer for the WHC, shall be a complete discharge to my Trustee(s) for the legacy to the WHC."

This is a wonderful way to maintain our spiritual outreach to humanity. We are grateful to you for your kindness and support.

WORDS OF WISDOM

“Overcome the notion that you must be regular. It robs you of the chance to be extraordinary.”

Uta Hagen

“It doesn’t matter who you are, where you come from. The ability to triumph begins with you. Always.”

Oprah Winfrey

“Laughter is timeless, imagination has no age, and dreams are forever.”

Walt Disney



Spiritual Healing

with

Michael Chapman

Saturday 23rd June 2018

10am-5pm

at World Healing Centre

Phone 01253 343701 for appointment

YOUR WEEK WITH THE FATHER

Brother Mandus

Monday: Thank You, Father, Your Infinite Power fills my being NOW. Your Perfect Spirit is in supreme control of my mind, body and all my daily affairs. I gladly accept the Love, Perfection, Confidence, Health, Happiness and Abundance now pouring forth into every aspect of my being. I take my vision away from every seeming outer ill, and I fix my mind on You. I understand, clearly, that there is no pain, illness, distress or disturbance in Spirit, and that I am one with You.

Tuesday: Thank You, Father, I realise the Truth that because I am surrendered to You, all my life is under Your Perfection and Guidance. Therefore all is well. I pray for all people in connection with my daily work, and I recognise only prosperity and success for them too. I send my goodwill and understanding to each one and cheerfully help them all promote their well-being in every possible way

Wednesday: Thank You, Father, for I am immersed in Your Loving Spirit now, and Love, Peace, and Perfection are manifesting in me. I enter you Kingdom Within, and know I am lifted up. I am poised in Your Spirit and all my cares slip away. All Your Love and Protection give me new courage, confidence and faith and I rise up in new strength to manifest Your Light in my life. I realise I am ONE with you. Even as your Love and Forgiveness are manifesting in me, so do I pour out unreservedly, my love and forgiveness upon others. I understand, clearly, that we are all one with each other, and Your Spirit is indwelling in all.

Thursday: Thank You, Father, for Your Great Spirit is shining within me. I give thanks for all the Blessings that surround me and mine. I have a life-pattern to express that none other can do, and know my contribution to the wellbeing of all is important in Your Sight. I therefore, here and now, open my entire life to You, and ask that it may now be filled with love, wisdom and power to achieve everything perfectly for the progression of myself and all.

Friday: Thank You, Father, Your Presence Comforts Me and brings Peace to my soul. You are my abundant supply. You Protect me. You lead me from darkness into Light. You, my Beloved Father, are with me night and day, so nothing can harm me. I accept completely all Your Love and Help. I rise up refreshed and strengthened, filled with a new knowledge, a clear realisation, that I am living in Your Presence always. I speak to you now with complete assurance, asking that you will take my burdens and liberate me unto Your freedom. I realise and accept perfect health, happiness, confidence, abundance, peace and all the glorious freedom of living in Your Presence.

Saturday: Thank You, Father, I rejoice and eagerly know Your Love is shining like a glorious Light in me now. I know Your Spirit is in every part of my being. I realise You are the Perfect Mind in my mind, the Perfect Head in my head, the Perfect eyes, ears, throat, spine, organs, arms and hands, legs and feet. You are the Perfect within everything that outwardly appears to be imperfect. Therefore, I know that Your Perfection, now called forth, is manifesting outwardly in my mind, body and all my activities and relationships with every other person.

Sunday: Thank You, Father for Your Presence now, and for everything. On this day of Peace and Rest, I give the whole of my being to You in complete surrender. I belong to You, and I freely give my all, my very life, all I am, all I possess, my family and friends, all those I hold before You, knowing that you take us up and fill our lives with Peace.

I give thanks to You for being so lovingly near me every night and every day during the past week. I have realised Your Love and Your Strength. I have known upliftment in depression, power in adversity, freedom when troubles appear. You are now leading me forth into the new life of perfect health, happiness and achievement. My life, now in Your Keeping, is unfolding into glorious Perfection and in every way I allow the Perfect Within me to flow forth without restriction.

Food For Thought

Dr Timothy O'Higgins

A recent thirty-year Harvard study reported that diet, weight, exercise regime, smoking habits and drinking habits have a major effect on longevity. Women following five healthy habits had an increased life expectancy of 12 years and men 14 years. These habits included a diet low in consumption of red meats, saturated fats and sugars, and high in vegetables, fruits and whole grains. Specifically this study recommended:

- Limiting daily alcohol consumption to 15g for women and 30g for men.
- Avoiding smoking.
- Maintaining a body mass index of around twenty.
- Moderate exercise of at least 30 mins a day.

Red meat diets have been linked to increases in diabetes, cardiovascular disease and certain cancers. Processed meats are just as serious a cause of cancer as cigarettes. Eating 50g of processed meat a day (equivalent to one sausage or two slices of bacon), raises bowel cancer risk by 18%. Saturated fats from meat are contributory to coronary artery disease. Recent research showed consumption of saturated fats from butter and cheese, is not detrimental to health.

The World Health Organisation recommends a maximum sugar intake of six teaspoons a day. Too much sugar intake increases risk of obesity, type II diabetes and heart disease. The risk appears to be equal whether the sugar is refined or unrefined. Maybe try fruit sugar from eating one fruit a day to satisfy your craving.

Moderate alcohol consumption improves cardiovascular health. Excess alcohol use is contributory to mental health problems, liver cirrhosis, bowel and pancreas cancer, and cardiovascular disease.

Smoking is related to cardiovascular disease, Chronic Obstructive Pulmonary Disease, and numerous cancers. Neale Donald Walsch, author of Conversations with God, states that to continue to smoke knowing its side effects is to engage in a slow suicide.

Consider a meatless day once a week, vegetable stew, pastas, salads, vegetable pizzas, hearty vegetable soups, vegetable wraps.....

Decide to take a daily walk through a nature landscape, riverside, mountainside or woodlands or countryside. Appreciate beauty and the power of nature and empower yourself.

Increase your consumption of water, drinking it slowly rather than gulping it down.

Make sure you get enough sleep. Frequent naps are also great. Often the greatest psychological healing occurs as we allow the Spirit to help us in our sleep.



Snack time at the Secret Garden
Parent & Child Group



Children's Corner



Happy Nights and Happy Days

“Oh, my goodness! My goodness!” fairy Golden Wand cried, “that horrid stone has broken my wing and I can’t fly”.

Again she tried to fly, but couldn’t. What could she do? And all because those children had been throwing stones.

But she didn’t blame the children too much. After all, she was only very, very small. They couldn’t have seen her sitting there under a flower in the grass.

Fairy Golden Wand would do anything to help anyone. She had a heart of gold. And she was very pleased that the stone hadn’t fallen on her friend, Baby Caterpillar. If it had done so, he would never grow up into a beautiful butterfly.

Still, here she was and her wing was broken. You see, Golden Wand needed to fly, because sometimes she had to visit caterpillars and butterflies who lived a long way away. They often needed her help.

The fairy started to walk through the blades of grass, hoping soon to meet a friend who would help her. Before long she met Mr Snail. He listened to Golden Wand and looked at her wing. He did try so hard to stick it together again, but he couldn’t.

“Oh Dear,” said Mr Snail, “if the glue which makes me stick myself to the blades of grass won’t stick your wing I don’t know what will! You had better go and see Mrs Owl, she is very wise indeed”.

Golden Wand thanked Mr Snail for trying to help her and set off to have a talk with Mrs Owl.

Mrs Owl opened her big eyes in surprise when she saw Golden Wand’s broken wing.

“In all my life I have never heard of a fairy with a broken wing before, I can’t mend it”, she said. “Even a magician can’t mend it.”

But then Mrs Owl looked very wise indeed. “Ah,” she said, “but I do know who can”.

“Oh,” cried Golden Wand, “do tell me please”.

“God can” smiled Mrs Owl, so pleased to be of help, “and this is what you must do. Listen carefully”!

“All day you are so busy helping caterpillars and butterflies, but when the sun goes down you go to sleep, don’t you? But I’m an owl and I keep my eyes open all night, and I have seen many wonderful things happen to my friends while they lay sleeping, I have indeed.”

Golden Wand listened very, very carefully as Mrs Owl kept on talking.

“Well,” she said, “when you sleep that is God’s very special time to make your body strong again. He is looking after you because you can’t look after yourself. All you need to do is to ask God to love your wing very specially each night until it is perfect again”.

Golden Wand felt very, very happy. She knew that Mrs Owl had told her the truth. So that night just before she fell asleep she said her prayers specially, and as she fell asleep she knew that God would be loving her wing all night.

When morning came she woke up and she felt so much better. She felt her wing and she knew that it was being made new again.

The next night and the next night little Golden Wand asked God to keep on loving her wing. And, on the morning of the third day, she woke and knew that she could fly again. And fly she did! Her wing had been loved so much by God while she slept that it was now perfect again.

Golden Wand was now able to tell all her little friends how God loved them while they slept, and she helped them never to be afraid of the dark.

God loves each of us while we sleep, and He will always love us in the special ways we ask Him to do so. Isn’t this wonderful?

So if you are ever worried, God can love all your worries away while you sleep, if you ask him specially. And if you are ever sick, He can love your sickness away too.

Sleep-time is as wonderful as day-time because, just like Golden Wand, we go to sleep in the Heart of God. Jesus likes us to know this.

So Thank You, Father, for loving me while I am asleep.

Conrad

The Secret Garden Parent & Child Group

Ruth Samways

Did you know, the Fylde Coast's first Steiner Waldorf inspired Parent and Child Group began at the WHC? The Secret Garden group have been fortunate enough to be welcomed to hold sessions in the outstanding building and gardens there since March 2017. I am the group facilitator. After over 14 years in the childcare sector, I began to train as a Steiner Waldorf Early Years Practitioner in May 2013. The only Steiner school in the area is in Lancaster. Therefore I was keen to set up a local initiative for the community.

This holistic, child led pedagogy allows the child to unhurriedly, independently and naturally reveal their own gifts and personalities. It supports the child and their families together, through simplicity and promoting wholesome, ethical and moral values. Practitioners are sensitive to the sensory needs of the young child, who assimilates deeply their impressions and experiences from the world. This approach advocates calm, simple, homely environments, comprised of materials and objects that are found in the natural world, ensuring that the young child's senses are protected and stimulated in healthy and meaningful ways. Indoor and outdoor play, songs, rhymes, stories, baking, painting, drawing, hand crafts and food preparation are some examples of the activities that take place. The use of mobile phones and technology is prohibited during these child centred sessions. Everything the facilitator does there is 'worthy of imitation' and purposeful.

Working with nature, the seasons and annual festivals, the group celebrates the immediate world around them and their community. The group works accordingly with Steiner's indications by maintaining a strong rhythm, with regular repetition in the sessions.

The ethos of this approach includes fostering reverence and demonstrating gratitude. Learning through free-play (undirected, creative play) is the best preparation for a successful academic future. Allowing the child to begin to play freely and independently allows the parent a special opportunity to observe their little one in a safe and supported environment. Following this philosophy formal education does not commence until the child is 7(a common feature in many successful, Scandinavian school systems). So, where did this approach originate?

Dr. Rudolf Steiner (1861-1925) was an Austro-Hungarian scientist and philosopher. His varied interests included architecture to agriculture, from medicine to most spheres of the arts. His strong inner life eventually prompted him to pioneer a spiritual-science termed Anthroposophy; and he gave many talks, lectures and produced many publications. He developed his educational philosophy at the request of a Waldorf-Astoria cigarette factory owner in Stuttgart (1919); ‘Steiner Waldorf’ education. The incentives were to prevent the future oppression of the individual human spirit and in the effort to ensure that War ceased to happen again. Renowned for his foresight many of Steiner’s initiatives are still relevant in these ever changing times. By giving children authentic experiences, the opportunity to develop their creativity, their resilience and providing them with an understanding of themselves, others and the world, they will be well prepared to meet the future with confidence. Next year we shall be celebrating 100 years of an International educational approach which has stood the test of time and exists in over 75 countries; continually bringing light to future generations. Please take the opportunity to watch this brief film online, ‘Waldorf 100: Learn to Change the World’, which explains more about Steiner Waldorf education: <http://www.waldorf-100.org/en/waldorf-100-film/>

The Secret Garden Parent & Child Group welcomes new families to join in for a free complimentary session and they would love to hear from anyone who would like to volunteer to support their valuable work. Please do contact the Secret Garden to book any places and for more information about our calm, natural and simplistic approach to parenting and child development. As I am completing my final year training, the group runs only during school holidays at the moment. I look forward to hearing from you and thank you for your interest.

Telephone: 07736 824779

Email: prideandjoyuk@icloud.co.uk

Facebook: @Thesecretgardenuk



”The future belongs to those who believe in the beauty of their dreams.”
Eleanor Roosevelt

Have A Laugh !

- Sometimes I wake up grumpy; other times I let him sleep.
- One nice thing about egotists: They don't talk about other people.
- Why do psychics have to ask you for your name?
- When everything's coming your way, you're in the wrong lane.
- How do you make God laugh? Speak of your plans.
- I used to be indecisive; now I'm not sure.
- I've taken a vow of poverty. To test me, please send money.

- **PEACE**

Disciple: Oh wise and all-knowing one, take me to the realm of perfect peace.

Master: If I take *you* to that realm, it will no longer be peaceful.

- **BEGGING**

At the entrance to a Hindu temple there was a beggar always stretching out his hand, asking and pleading for alms. One day he stretched out both of his hands. A passer-by asked him: "All these days, you were stretching out only one hand—why are you today stretching out two hands?" To which the beggar replied: "*Hari Om!* Praise God! Business was so good that I opened another branch!"

- **MEDITATION**

Two men meet on the street: "How are you?" one asks. The other replies: "I'm fine, thanks." "And how's your son? Is he still unemployed?" "Yes, he is. But he is meditating now." "Meditating? What's that?" "I don't know. But it's better than sitting around doing nothing!"

- **A MILLION TO ONE**

A man trying to understand the nature of God asked him: "God, how long is a million years to you?" God answered, "*A million years is like a minute.*" Then the man asked, "God, how much is a million dollars to you?" And God replied, "*A million dollars is like a penny.*" Finally the man asked, "God, could you give me a penny?" And God said, "*In a minute!*"

- **COMPUTERS**

Q: What happens when a Buddhist becomes totally absorbed with the computer he is working with?

A: He enters Nerdvana.

DONATION FORM

We are always grateful for any donation should you be guided to share with us.

All letters and gifts and legacies should be addressed to:
World Healing Centre
476 Lytham Road
Blackpool FY4 1JF
Great Britain

Name:

Address:

Postal/Zip Code:

Country:

Telephone Number:

Amount Enclosed: _____

- | | | | |
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Or donate online at www.whc.uk.net

GIFT AID

Under the revised **Gift Aid** Scheme **The World Healing Centre** in Blackpool can recover basic rate tax on all your donations (whether large or small, regular or irregular) provided that you **pay UK income tax or capital gains tax equal to the tax we reclaim on your donations, (currently 25p for every POUND you give).**

TO RECLAIM TAX WE MUST RECEIVE THIS SIGNED '**GIFT AID**' DECLARATION FROM YOU.

Please note: if you are already a Gift Aider and have previously signed a declaration you do not need to do so again.

GIFT AID DECLARATION

I want The World Healing Centre in Blackpool to treat all donations made from 1/04/2011 as GIFT AID donations until I notify you otherwise. I have read the notes set out above.

PLEASE PRINT:

Title..... First Name(s).....

Last Name.....

Address.....

.....

..... Post Code.....

Date..... Signed.....

Please return to:

World Healing Centre
476 Lytham Road, Blackpool FY4 1JF

Thank you for your generous support

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Books by Brother Mandus

These books are available at £6.00 each plus postage.

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- * **The Wondrous Way of Life**
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“Do not go where the path may lead. Go instead where there is no path and leave a trail.”

Ralph Waldo Emerson



WEDDINGS & MARRIAGE BLESSINGS

Weddings and Marriage Blessings are now available at our Centre in Blackpool. Services can also be created for couples who would like their Engagement blessed or for those, already married, who wish to Renew the Vows they made previously

**Call for more information
01253 343701**